

॥ Om Śrī Paramātmāne Namaḥ ॥

॥ Atha Pañcadaśo'dhyāyaḥ ॥

Puruṣottama-Yogaḥ

śrī bhagavānuvāca -

ūrdhvamūlamadhaḥ śākhā
 aśvattham prāhuravyayam |
 chandāmsi yasya parṇāni
 yastam veda sa vedavit ||1||

adhaścordhvaṁ prasṛtāstasya śākhāḥ
 guṇapravṛddhā viṣayapravālāḥ |
 adhaśca mūlānyanusantatāni
 karmānubandhīni manuṣyaloke ||2||

na rūpamasyeha tathopalabhyate
 nānto na cādirna ca sampratiṣṭhā |
 aśvatthamenam suvirūḍhamūlam
 asaṅgaśastreṇa dṛḍhena chittvā ||3||

tataḥ padam tatparimārgitavyam
 yasmingatā na nivartanti bhūyaḥ |
 tameva cādyam puruṣam prapadye
 yataḥ pravṛttiḥ prasṛtā purāṇī ||4||

nirmānamohā jitasāṅgadoṣāḥ
 adhyātmanityā vinivṛttakāmāḥ |
 dvandvairvimuktā-ssukhaduḥkhasañjñaiḥ
 gacchantyamūḍhāḥ padamavyayam tat ||5||

na tadbhāsayate sūryaḥ
 na śasāṅko napāvakaḥ
 yadgatvā na nivartante
 taddhāma paramam mama ||6||

mamaivāṁśo jīvaloke
 jīvabhūtaḥ sanātanaḥ |
 manaḥ ṣaṣṭhānīndriyāṇi
 prakṛtisthāni karṣati ||7||

śarīram yadavāpnoti
 yaccāpyutkrāmatīśvaraḥ |
 gṛhītvaitāni samyāti
 vāyurgandhānivāśayāt ||8||

śrotram cakṣuḥ sparśanam ca
 rasanam ghrāṇameva ca |
 adhiṣṭhāya manaścāyam
 viṣayānupasevate ||9||

utkrāmantaṁ sthitaṁ vā'pi
 bhuñjānam vā guṇānvitam |
 vimūḍhā nānupaśyanti
 paśyanti jñānacakṣuṣaḥ ||10||

yatanto yoginaścainam
 paśyantyātmanyavasthitam |
 yatanto'pyakṛtātmānaḥ
 nainam paśyantyacetasaḥ ||11||

yadādityagataṁ tejaḥ
 jagadbhāsayate'khilam |
 yaccandramasi yaccāgnau
 tattejo viddhi māmakam ||12||

gāmāviśya ca bhūtāni
 dhārayāmyahamojasaḥ |
 puṣṇāmi cauṣadhīḥ sarvāḥ
 somo bhūtvā rasātmakaḥ ||13||

aham vaiśvānaro bhūtvā
 prāṇinām dehamāśritaḥ |
 prāṇāpānasamāyuktaḥ
 pacāmyannam caturvidham ||14||

sarvasya cāham ḥṛdi sanniviṣṭaḥ
mattaḥ smṛtirjñānamapohanam ca |
vedaiśca sarvairahameva vedyah
vedāntakṛdvedavideva cāham ||15||

dvāvimau puruṣau loke
kṣaraścākṣara eva ca |
kṣaraḥ sarvaṇi bhūtāni
kūṭastho'kṣara ucyate ||16||

uttamaḥ puruṣastvanyaḥ
paramātmetyudāhṛtaḥ |
yo lokatrayamāviśya
bibhartavyaya īśvaraḥ ||17||

yasmātkṣaramatito'ham
akṣarādapi cottamaḥ |
ato'smi loke vede ca
prathitaḥ puruṣottamaḥ ||18||

yo māmevamasammūḍhaḥ
jānāti puruṣottamam |
sa sarvavid bhajati mām
sarvabhāvena bhārata ||19||

iti guhyatamaṁ śāstram
idamuktaṁ mayā'nagha |
etadbuddhvā buddhimānsyāt
kṛtakṛtyaśca bhārata ||20||

|| om tatsaditi śrīmadbhagavadgītāsu
upaniṣatsu brahmavidyāyām yogaśāstre
śrīkṛṣṇārjuna-saṁvāde puruṣottama-yogo
nāma pañcadaśo'dhyāyaḥ ||

